

# Exercise 2 – List Your Negative Factors

The following is a table that you can use to list the factors that you consider to be negatives should you leave your business. The first step is to list each factor and rate its importance to you. Rate them on a scale of 4 being the most important and 1 not being important.

The second step is to identify how you can provide similar activities that would reduce the negative impact.

Negative Factors	Rating	New Activities
Miss going to work		
Loss of relationships/friends		
Loss of business perks		
Loss of industry recognition		
No longer a mentor		
Will miss challenges		
No longer the boss		
No longer driven to learn new things		